

XTERRA Sleeping Giant

Element Racing

Race Scored by Thunder Bay Timing

August 29, 2015

< < < < Short Triathlon > > > >

500m swim + 12K bike + 6K run

***** PRELIMINARY OVERALL FINISH ORDER RESULTS ***** PLEASE REPORT ANY ERRORS *****

Place	Div/Tot	Race Div	Bib	Name	Rank	Finish	Rank	Swim	Rank	Tbikeru	Rank	Run
1	1/6	ST_M<20	274	Nathan Hay	1	59:38	1	7:27	4	31:19	1	20:52
2	1/5	ST_M2029	282	Jyles Leboeuf	2	1:00:27	3	8:25	2	30:08	3	21:56
3	1/5	ST_M4049	252	Keith Ailey	3	1:02:49	11	9:52	1	28:46	6	24:12
4	2/6	ST_M<20	297	Frederick Serratore	4	1:04:18	5	8:55	8	33:40	2	21:44
5	1/5	ST_M5059	272	Darrell Hay	5	1:06:23	6	8:59	5	32:37	8	24:48
6	3/6	ST_M<20	293	Nicholas Randall	6	1:06:40	9	9:30	6	33:16	5	23:55
7	1/7	ST_F4049	251	Marilyn Ailey	7	1:08:08	20	11:15	3	31:05	18	25:49
8	1/4	ST_F2029	279	Jessica Kantymir	8	1:09:33	15	10:45	7	33:37	12	25:13
9	1/4	ST_F5059	276	Sherry Lynn Hill	9	1:10:48	13	9:56	9	34:38	19	26:15
10	2/5	ST_M5059	291	Shaun Naroski	10	1:11:45	4	8:27	14	37:48	15	25:31
11	2/5	ST_M4049	263	Fernie Conrad	11	1:12:07	24	12:01	11	35:42	7	24:25
12	4/6	ST_M<20	283	Colin Lee-Mitchell	12	1:12:27	23	11:40	10	35:27	13	25:22
13	1/3	ST_M3039	259	Jean-Louis Charette	13	1:13:16	8	9:23	15	38:29	14	25:25
14	5/6	ST_M<20	284	Peter Macgregor	14	1:13:18	29	12:53	12	36:46	4	23:41
15	3/5	ST_M5059	266	Scott Coutts	15	1:13:32	18	11:06	13	37:36	9	24:52
16	1/1	ST_F<20	273	Sarah Hay	16	1:16:00	19	11:10	18	39:13	16	25:38
17	2/5	ST_M2029	286	Robert McEwan	17	1:20:08	2	8:11	36	46:49	11	25:09
18	2/4	ST_F5059	306	Janice Watson Ryan	18	1:21:07	21	11:30	26	44:30	10	25:08
19	3/5	ST_M2029	271	Brent Harris	19	1:21:55	43	15:42	16	38:59	21	27:16
20	1/5	ST_F3039	264	Crystal Cook	20	1:22:15	14	10:06	21	42:46	26	29:24
21	2/7	ST_F4049	298	Cristine Sillen	21	1:22:44	30	12:53	17	39:01	31	30:51
22	3/5	ST_M4049	281	David Larocque	22	1:23:30	22	11:33	19	40:47	32	31:11
23	2/4	ST_F2029	290	Hannah Naroski	23	1:23:40	10	9:43	30	45:23	24	28:35
24	4/5	ST_M4049	307	James Weaver	24	1:23:40	12	9:54	34	46:31	22	27:16
25	3/7	ST_F4049	254	Nathalie Bedard	25	1:23:49	17	10:55	20	41:34	33	31:21
26	6/6	ST_M<20	261	Cameron Coats	26	1:24:34	36	14:00	27	44:52	17	25:43
27	3/4	ST_F5059	296	Lis Salmon	27	1:26:17	31	12:58	24	43:42	27	29:38
28	4/5	ST_M2029	278	Mike Holm	28	1:27:35	35	13:52	29	45:21	23	28:22
29	3/4	ST_F2029	268	Stephanie Daniar	29	1:27:53	7	9:05	39	49:04	28	29:45
30	2/5	ST_F3039	250	Becky Agar	30	1:28:18	16	10:55	32	46:00	34	31:23

LT-Long Course ST-Short Course LD-Duathlon RL-Relay TT-Try-A-Try

Transitions: T1-SwimBike or T1-RunBike T2-BikeRun

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Place	Div/Tot	Race Div	Bib	Name	Rank	Finish	Rank	Swim	Rank	Tbikeru	Rank	Run
31	4/7	ST_F4049	267	Keli Cristofaro	31	1:28:47	32	13:09	33	46:18	25	29:21
32	5/5	ST_M2029	270	Dan Furfaro	32	1:28:59	40	14:35	38	48:03	20	26:22
33	5/5	ST_M4049	269	James Diguseppe	33	1:29:01	25	12:02	23	43:38	36	33:21
34	2/3	ST_M3039	253	Brandon Arthurs	34	1:29:33	41	14:46	28	44:57	29	29:52
35	4/5	ST_M5059	265	Victor Cooke	35	1:30:09	44	16:47	22	43:24	30	29:59
36	3/5	ST_F3039	258	Sonja Bridges	36	1:35:46	33	13:13	31	45:51	37	36:44
37	5/5	ST_M5059	275	Paul Hessey	37	1:39:40	26	12:21	25	44:16	45	43:04
38	3/3	ST_M3039	305	Dave Vincent	38	1:41:23	38	14:22	42	53:45	35	33:17
39	4/4	ST_F2029	288	Elizabeth Miller	39	1:44:03	37	14:01	37	47:48	43	42:14
40	1/1	ST_M60+	292	Kaj Nummelin	40	1:44:24	42	14:59	35	46:41	44	42:44
41	5/7	ST_F4049	294	Melissa Ratte	41	1:44:43	45	16:50	41	49:52	38	38:02
42	1/1	ST_F60+	303	Maureen Twigg	42	1:50:00	39	14:33	44	57:19	39	38:09
43	4/5	ST_F3039	277	Tracy Hill	43	1:50:23	34	13:24	45	57:24	41	39:36
44	6/7	ST_F4049	256	Chantal Bohemier	44	1:50:59	46	18:27	40	49:26	46	43:07
45	4/4	ST_F5059	295	Cheryl Ready	45	1:52:53	28	12:52	46	1:01:45	40	38:17
46	7/7	ST_F4049	304	Michele Verdenik	46	1:57:17	47	21:36	43	54:57	42	40:45
47	5/5	ST_F3039	262	Angie Conrad	47	2:10:17	27	12:27	47	1:05:47	47	52:04

LT-Long Course ST-Short Course LD-Duathlon RL-Relay TT-Try-A-Try

Transitions: T1-SwimBike or T1-RunBike T2-BikeRun

18:52:50 2015-08-29

** DNF ** ST_F5059 308 Nancy White