

PARRY SOUND XTERRA 2016

Parry Sound, Ontario
Saturday July 23rd, 2016

CHAMPIONCHIP TIMING by:
Trysport, Parry Sound, ON 877-844-9887
LSComputers, Bracebridge, ON 705-645-6007

FINAL INDIVIDUAL FULL TRIATHLON RESULTS

-----FINAL-----															
-----SWIM 1500m-----BIKE 24 km-----RUN 9 km-----															
Pos	Time	Name	City	Cat/plc/ Total Cat		Bib#	Ovr	Time	/100m	Ovr	Time	km/hr	Ovr	Time	/km
1	2:25:50	PADY Richard	Mono	1/17	M40-49	35	2	22:12	1:29	1	1:18:34	18.3	1	45:05	5:01
2	2:34:44	GRAY Ian	Seguin	2/17	M40-49	31	5	24:17	1:38	5	1:24:38	17.0	3	45:50	5:06
3	2:35:57	GOOD Steve	Kitchener	3/17	M40-49	30	3	23:30	1:34	4	1:23:43	17.2	7	48:45	5:25
4	2:36:47	EHGOETZ Luke	New Hamburg	4/17	M40-49	39	6	24:45	1:39	7	1:26:31	16.6	2	45:32	5:04
5	2:38:26	TRANT Ryan	Georgetown	5/17	M40-49	38	16	27:17	1:50	6	1:25:03	16.9	4	46:08	5:08
6	2:39:25	SMITH Mike	Prince George	6/17	M40-49	33	9	26:25	1:46	3	1:22:45	17.4	11	50:16	5:36
7	2:42:52	STEWART Nathan	WATERDOWN	7/17	M40-49	37	11	26:51	1:48	2	1:20:01	18.0	15	56:01	6:14
8	2:44:54	LEVESQUE Dave	Trois-Pistoles	1/5	M20-29	18	24	29:08	1:57	11	1:29:20	16.1	5	46:27	5:10
9	2:46:47	HOTT Holger	Kristiansand	8/17	M40-49	79	39	31:50	2:08	9	1:27:43	16.4	6	47:15	5:15
10	2:48:30	MAZZA Michael	Maple	1/10	M50-59	48	32	31:33	2:07	8	1:26:56	16.6	9	50:02	5:34
11	2:53:13	PADY Heather	Mono	1/6	F40-49	71	22	28:47	1:56	14	1:35:16	15.1	8	49:10	5:28
12	2:55:44	BOYER Francis	Etobicoke	2/5	M20-29	15	13	27:09	1:49	22	1:38:29	14.6	10	50:06	5:34
13	2:58:09	CURRIE Ray	London	9/17	M40-49	41	10	26:47	1:48	16	1:36:06	15.0	14	55:17	6:09
14	2:58:32	ATTFIELD Justin	Aylmer	1/2	MU20	11	8	26:21	1:46	23	1:39:06	14.5	12	53:06	5:54
15	2:58:55	WHITMORE Steve	London	2/10	M50-59	54	4	23:37	1:35	12	1:32:48	15.5	29	1:02:31	6:57
16	3:00:43	MONTGOMERY Philip	Barrie	1/8	M30-39	27	1	22:08	1:29	24	1:39:22	14.5	21	59:14	6:35
17	3:01:52	FONG Graham	Ajax	2/2	MU20	12	7	26:17	1:46	10	1:28:37	16.2	32	1:06:59	7:27
18	3:01:58	SCHIAFONE Clint	Gormley	10/17	M40-49	43	37	31:39	2:07	15	1:35:24	15.1	13	54:56	6:07
19	3:03:20	MCCREADY Scott	Milton	11/17	M40-49	42	43	32:13	2:09	13	1:33:53	15.3	17	57:16	6:22
20	3:05:02	SIMPSON Stephen	Toronto	2/8	M30-39	21	28	31:10	2:05	18	1:36:27	14.9	18	57:26	6:23
21	3:07:52	VAN MEIJEL Jason	Orillia	3/8	M30-39	28	44	32:17	2:10	17	1:36:26	14.9	20	59:10	6:35
22	3:09:51	FUNSTON Chris	Baden	4/8	M30-39	26	20	28:09	1:53	27	1:40:50	14.3	23	1:00:53	6:46
23	3:10:36	MACKILLOP Matthew	Toronto	5/8	M30-39	19	47	32:20	2:10	26	1:39:44	14.4	19	58:34	6:31
24	3:11:42	MACKILLOP John	Toronto	3/10	M50-59	55	42	32:05	2:09	21	1:38:24	14.6	24	1:01:14	6:49
25	3:14:00	LOUGHEED Rosamond	Toronto	1/4	F30-39	64	30	31:21	2:06	28	1:41:12	14.2	26	1:01:28	6:50
26	3:14:53	DELSEY Shawn	Ancaster	4/10	M50-59	47	14	27:14	1:49	37	1:48:15	13.3	22	59:26	6:37
27	3:15:37	THAUVETTE Gerry	Ottawa	5/10	M50-59	58	33	31:34	2:07	33	1:47:22	13.4	16	56:42	6:18
28	3:15:58	ASHMORE Peter	Nobel	6/10	M50-59	52	19	27:43	1:51	19	1:36:31	14.9	39	1:11:45	7:59
29	3:16:37	ASHMORE Brandon	Nobel	3/5	M20-29	17	38	31:41	2:07	31	1:43:35	13.9	25	1:01:22	6:50
30	3:18:51	MOFFATT John	Mississauga	12/17	M40-49	32	25	29:14	1:57	34	1:47:30	13.4	28	1:02:08	6:55
31	3:22:33	RAHM Luke	Leamington	4/5	M20-29	13	46	32:19	2:10	30	1:42:11	14.1	33	1:08:04	7:34
32	3:25:14	MACKILLOP Brendan	Toronto	5/5	M20-29	78	60	40:30	2:42	25	1:39:29	14.5	30	1:05:15	7:15
33	3:25:23	ARMSTRONG Faye	Brampton	2/4	F30-39	65	35	31:38	2:07	43	1:52:12	12.8	27	1:01:33	6:51
34	3:27:50	RAGOTTE Kate	Oakville	1/1	F20-29	63	21	28:44	1:55	44	1:52:34	12.8	31	1:06:33	7:24
35	3:28:34	VANDERLEEST Justin	Toronto	6/8	M30-39	25	27	30:19	2:02	35	1:47:39	13.4	38	1:10:36	7:51
36	3:30:17	POL Nick	Parry Sound	7/8	M30-39	24	36	31:39	2:07	38	1:48:26	13.3	37	1:10:14	7:49
37	3:30:47	KNIGHT Kevin	Meaford	1/5	M60-69	61	45	32:18	2:10	40	1:49:04	13.2	35	1:09:27	7:43
38	3:38:02	STANLEY Heather	Orillia	2/6	F40-49	73	53	34:54	2:20	36	1:48:12	13.3	43	1:14:57	8:20
39	3:39:10	ISON Stacey	Toronto	7/10	M50-59	57	34	31:36	2:07	41	1:49:22	13.2	47	1:18:12	8:42
40	3:39:18	HALL Gavin	Dundas	8/8	M30-39	23	23	28:55	1:56	32	1:44:52	13.7	50	1:25:32	9:31
41	3:43:20	MCDONALD Anna	Burlington	3/4	F30-39	67	49	32:26	2:10	46	1:56:44	12.3	42	1:14:11	8:15

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-----FINAL-----								SWIM 1500m-----		BIKE 24 km-----		RUN 9 km-----			
Pos	Time	Name	City	Catplc/ Total Cat		Bib#	Ovr	Time	/100m	Ovr	Time	km/hr	Ovr	Time	/km
42	3:44:32	USHER Doug	Upton	2/5	M60-69	59	59	39:16	2:38	45	1:55:15	12.5	36	1:10:02	7:47
43	3:45:04	JOHNSON Nicole	Milton	3/6	F40-49	68	31	31:22	2:06	50	2:04:50	11.5	34	1:08:54	7:40
44	3:50:01	QUATTRIN Steve	Bradford	3/5	M60-69	81	52	34:36	2:19	48	2:02:08	11.8	40	1:13:18	8:09
45	3:59:17	WILKINS Michael	Toronto	8/10	M50-59	50	54	35:03	2:21	47	2:00:42	11.9	48	1:23:34	9:18
46	4:00:21	GIGLIOZZI Mario	Woodbridge	9/10	M50-59	49	56	35:26	2:22	52	2:09:32	11.1	45	1:15:24	8:23
47	4:00:23	EBERHARDT Jan	Waterloo	10/10	M50-59	56	41	31:53	2:08	54	2:14:53	10.7	41	1:13:39	8:11
48	4:00:27	RICCI Mike	Maple	13/17	M40-49	36	48	32:24	2:10	53	2:12:32	10.9	46	1:15:31	8:24
49	4:05:00	TREASURE Darren	Pine Gardens	14/17	M40-49	44	18	27:38	1:51	60	2:22:06	10.1	44	1:15:17	8:22
50	4:14:40	RATHWELL Julie A.	Sudbury	4/4	F30-39	66	15	27:14	1:49	61	2:22:32	10.1	49	1:24:55	9:27
51	4:24:09	PICKARD John	Lindsay	4/5	M60-69	62	51	34:35	2:19	56	2:16:23	10.6	52	1:33:11	10:22
52	4:25:06	WARKENTIN Vicky	Thunder Bay	4/6	F40-49	70	29	31:15	2:05	58	2:20:33	10.2	53	1:33:18	10:22
53	4:32:14	USHER Linda	Upton	1/1	F60-69	77	61	47:11	3:09	55	2:15:41	10.6	51	1:29:23	9:56
54	4:38:59	MACINTYRE Meg	Caledon	1/3	F50-59	74	58	39:11	2:37	57	2:19:56	10.3	54	1:39:53	11:06
55	4:53:03	FLEMMING Tanya	Toronto	2/3	F50-59	76	62	48:01	3:13	59	2:21:32	10.2	55	1:43:30	11:30
56		LINTON Craig	London	15/17	M40-49	40	17	27:23	1:50	20	1:38:07	14.7			
57		BOWEN Michael	Toronto	16/17	M40-49	80	40	31:51	2:08	29	1:41:42	14.2			
58		WHITMORE Lori	London	3/3	F50-59	75	12	26:52	1:48	39	1:48:55	13.2			
59		SCHIFF Ironmike	Menlo Park	5/5	M60-69	60	50	32:46	2:12	42	1:49:33	13.1			
60		TURGEON Jean	Burlington	17/17	M40-49	46	26	30:13	2:01	49	2:02:41	11.7			
61		BOBIWASH Helen	Sudbury	5/6	F40-49	72	55	35:15	2:21	51	2:05:08	11.5			
62		WRIGHT Jennifer	Toronto	6/6	F40-49	69	57	38:27	2:34						