

XTERRA Sleeping Giant

Element Racing

Race Scored by Thunder Bay Timing

August 24th, 2019

***** FINAL RESULTS *****

Short Triathlon

500m swim + 12K bike + 6K run

(Printed: 14:26:56 2019-08-24)

***** OVERALL *****

Place	BIB	Name	Div	---FINISH---		-SWIM/RUN1		----T1----		----BIKE----		----T2----		-----RUN-----	
				Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time
1	280	Scott Vaillant	ST_M2029	1	1:05:53	26	13:50	10	2:19	3	27:56	21	0:44	1	21:05
2	220	Keith Ailey	ST_M4049	2	1:07:14	15	12:56	1	1:13	1	26:54	23	0:45	11	25:26
3	268	Tierza Wilson	ST_F<20	3	1:07:56	18	13:24	43	3:46	2	27:05	14	0:39	3	23:04
4	306	Jesse Stewart	ST_M2029	4	1:09:03							1	0:24	6	24:25
5	219	Brooklyn Ailey	ST_F<20	5	1:09:58	12	12:46	38	3:24	4	28:14	36	0:59	8	24:36
6	287	Mike Heerema	ST_M3039	6	1:11:56	33	14:32	19	2:38	43	42:21			2	21:48
7	285	Katie Darcis	ST_F2029	7	1:12:00	16	13:00	33	3:10	6	31:38	35	0:59	4	23:15
8	228	Lindsay Wowchuk	ST_F3039	8	1:15:01	44	15:40	17	2:30	7	31:44	18	0:42	7	24:28
9	230	Karen Dicastmirro	ST_F3039	9	1:15:19	38	15:13	25	2:57	5	31:23	3	0:26	10	25:22
10	281	Graham Sage	ST_M3039	10	1:16:08	19	13:27	23	2:43	13	33:43	5	0:29	12	25:48
11	278	Mitchell Caruso	ST_M2029	11	1:16:23	8	12:11	26	2:58	10	32:36	32	0:53	21	27:46
12	291	Kristen Langhorn	ST_F4049	12	1:16:26	3	11:59	34	3:11	16	34:13	46	1:16	13	25:49
13	227	Kyle Gardner	ST_M3039	13	1:16:38	30	14:05	4	2:04	11	33:00	41	1:08	15	26:22
14	229	Sherry Lynn Hill	ST_F6069	14	1:17:51	9	12:15	44	3:55	8	32:03	25	0:48	27	28:53
15	272	Brittany Pennock	ST_F2029	15	1:18:23	36	14:56	6	2:14	9	32:22	50	1:19	18	27:34
16	297	Damon Quinn	ST_M2029	16	1:18:24	2	11:52	7	2:18	20	34:51	47	1:17	23	28:09
17	295	Dieter Kreps	ST_M3039	17	1:18:50	7	12:09	65	37:23					26	28:48
18	261	Deanne Lee	ST_F5059	18	1:19:45							55	1:40	24	28:21
19	300	Mitchel Van Ramshorst	ST_M3039	19	1:19:47	65	18:46	14	2:28	14	33:55	2	0:25	5	24:15
20	277	Ian Caruso	ST_M5059	20	1:20:23	22	13:41	3	1:29	19	34:37	26	0:50	34	29:48
21	246	Julie Vinet	ST_F4049	21	1:20:31	23	13:42	13	2:28	22	36:09	7	0:30	20	27:44
22	234	Crystal Cook	ST_F4049	22	1:20:35	5	12:01	55	5:09	21	35:13	10	0:33	19	27:41
23	302	Justin Kreczmer	ST_M4049	23	1:20:39	20	13:29	21	2:41	12	33:41	49	1:19	31	29:31
24	226	Patrick O`connor	ST_M6069	24	1:20:53	11	12:40	16	2:30	17	34:20	51	1:25	35	30:00
25	224	Becky Agar	ST_F3039	25	1:20:58	17	13:08	28	3:02	18	34:22	22	0:45	33	29:43
26	296	Russell Clark	ST_M5059	26	1:21:20	25	13:48	12	2:22	32	39:58	8	0:31	9	24:43
27	289	Jordan Niemi	ST_M2029	27	1:23:27	40	15:14	24	2:56	24	37:08	17	0:41	17	27:30
28	250	Sarah Handley	ST_F4049	28	1:23:41	4	12:00	66	39:20					47	31:47
29	236	Amy Hosegood	ST_F3039	29	1:24:28	13	12:47	67	39:24					39	31:02
30	283	Meranda Termaat	ST_F2029	30	1:24:30	27	13:52	8	2:18	23	36:41	6	0:29	41	31:12

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				Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time
31	273	Carlie Pennock	ST_F2029	31	1:25:38	55	17:30	22	2:43	15	34:13	61	2:01	29	29:13
32	925	Lis Salmon	ST_F5059	32	1:25:42	35	14:48	2	1:21	29	39:17	15	0:41	32	29:36
33	290	Kathleen Comuzzi	ST_F3039	33	1:26:26	42	15:35	68	40:34					30	29:29
34	252	Wayne Graves	ST_M5059	34	1:26:37	47	16:08	29	3:02	33	40:17	9	0:32	16	26:40
35	253	Andre Lafreniere	ST_M2029	35	1:27:18	41	15:15	72	43:03					22	27:49
36	249	Sarah Sherlock	ST_F3039	36	1:27:26	10	12:23	70	41:35					51	32:44
37	240	Tanya Smith	ST_F3039	37	1:29:14	28	13:54	74	45:01					28	29:07
38	298	Lesley Dell	ST_F3039	38	1:30:07	31	14:29	69	41:15					53	33:11
39	294	Zachary Scollie	ST_M<20	39	1:31:58	1	11:50	11	2:19	31	39:44	19	0:42	64	37:24
40	304	Rebecca Urbanski	ST_F3039	40	1:32:45	56	17:34	9	2:18	35	40:52	30	0:52	40	31:11
41	233	Lindsey Rae	ST_F3039	41	1:34:03	50	17:10	37	3:19	39	41:15	28	0:51	43	31:31
42	248	Nathalie Racco	ST_F5059	42	1:34:18	49	17:06	31	3:05	41	41:20	11	0:35	49	32:15
43	279	Kaitlin Prezio	ST_F3039	43	1:34:32	43	15:36	71	41:46					61	35:59
44	282	Jeffrey Sage	ST_M3039	44	1:35:02	48	17:01	45	3:57	36	40:59	12	0:35	50	32:32
45	251	Sheri Schrock	ST_F6069	45	1:35:14	29	14:03	5	2:06	25	37:50	40	1:06	69	40:09
46	284	Ken Lieske	ST_M5059	46	1:35:25	60	18:10	27	3:02	28	38:03	37	1:00	60	35:13
47	259	Nicolas Lafreniere	ST_M2029	47	1:35:29	67	19:03	36	3:15	34	40:25	13	0:36	48	32:13
48	266	Mandie Sims	ST_F3039	48	1:35:43	63	18:22	35	3:14	38	41:13	45	1:14	46	31:42
49	275	Skylar Christian	ST_F2029	49	1:35:53	46	15:56	50	4:11	27	38:02	20	0:43	63	37:02
50	274	Iain Galloway	ST_M5059	50	1:37:04	21	13:35	76	49:38					52	32:46
51	235	Susan Hay	ST_F5059	51	1:37:25	32	14:31	20	2:39	26	37:58	60	1:58	71	40:21
52	223	Meghan McDonell	ST_F3039	52	1:38:32	34	14:44	75	48:29					54	34:09
53	276	Karly Perrier	ST_F2029	53	1:39:31	52	17:24	42	3:38	50	45:54	38	1:01	44	31:36
54	247	Joseph Beg	ST_M2029	54	1:39:45	72	20:28	56	5:14	42	42:00	16	0:41	42	31:24
55	221	Maureen J Page	ST_F5059	55	1:40:25	54	17:27	39	3:33	45	43:57	33	0:54	57	34:35
56	241	Brennan Fisher	ST_M2029	56	1:40:38	75	22:06	58	5:38	44	42:31	58	1:50	25	28:34
57	269	Elina Ranta-Diegel	ST_F2029	57	1:40:52	24	13:45	78	51:55					55	34:10
58	256	Karolyne Nagy	ST_F2029	58	1:40:52	14	12:49	77	51:27					62	36:03
59	286	Juanita Hiebert	ST_F4049	59	1:41:34	37	15:01	73	44:43					72	40:30
60	258	Bruno Lafreniere	ST_M6069	60	1:41:59	58	18:01	18	2:37	51	46:00	4	0:27	59	34:57

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				Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time
61	222	Audrey Pientok	ST_F3039	61	1:43:25	66	19:00	63	7:35	37	41:06	29	0:52	58	34:55
62	265	Taylor Gombola	ST_F2029	62	1:44:21	61	18:13	30	3:04	54	47:50	34	0:57	56	34:19
63	288	Connor Galloway	ST_M2029	63	1:44:35	53	17:25	60	5:54	58	49:52	48	1:18	36	30:09
64	257	Alicia Turner	ST_F3039	64	1:44:52	62	18:15	40	3:34	59	50:14	44	1:14	45	31:37
65	293	James Weaver	ST_M4049	65	1:44:59	6	12:03	32	3:07	64	1:01:43	59	1:55	14	26:13
66	264	Mark Seeber	ST_M5059	66	1:46:32	69	19:26	62	6:52	40	41:17	43	1:10	65	37:49
67	254	Jeremy Pearson	ST_M4049	67	1:46:33	76	23:39	52	4:40	48	45:11	63	2:18	37	30:46
68	255	Jocelyn Pearson	ST_F4049	68	1:46:34	77	23:41	46	3:59	53	47:16	31	0:53	38	30:46
69	305	Melissa Dunn	ST_F3039	69	1:50:28	57	17:41	48	4:01	46	44:09	57	1:44	75	42:54
70	217	Nancy Kotanen	ST_F5059	70	1:51:12	51	17:13	15	2:29	60	52:34	27	0:50	66	38:06
71	218	Andrena Toth	ST_F4049	71	1:51:31	70	19:26	41	3:35	52	46:58	52	1:30	68	40:03
72	292	Paul Hessey	ST_M6069	72	1:51:42	39	15:14	59	5:45	30	39:26	65	3:00	78	48:19
73	237	Amanda Lino	ST_F3039	73	1:54:37	74	22:04	49	4:10	56	48:19	53	1:36	67	38:31
74	263	Donna Currie	ST_F5059	74	1:56:09	68	19:12	57	5:28	49	45:33	39	1:06	76	44:53
75	301	Daniella Harrington	ST_F2029	75	1:58:56	73	21:42	53	4:49	55	48:08	54	1:39	74	42:40
76	303	Liam Hopkins	ST_M2029	76	2:00:53	78	27:21	47	3:59	57	48:34	24	0:47	70	40:14
77	231	Cheryl Ready	ST_F5059	77	2:05:25	45	15:41	54	5:02	62	1:00:44	62	2:03	73	41:57
78	307	Kas Nummenlin	ST_F6069	78	2:08:40	64	18:24	64	11:59	47	44:44	56	1:40	80	51:55
79	271	Jennifer Keller	ST_F3039	79	2:12:00	71	19:47	61	6:16	61	54:34	42	1:08	79	50:16
80	299	Laura Loan	ST_F3039	80	2:13:28	59	18:01	51	4:12	63	1:01:24	64	2:41	77	47:12