

## XTERRA Sleeping Giant

## Element Racing

Race Scored by Thunder Bay Timing

August 24th, 2019

&lt; &lt; &lt; &lt; Full Triathlon - Adjusted &gt; &gt; &gt; &gt;

1K swim + 24K bike + 17K run

\*\*\*\*\* FINAL RESULTS \*\*\*\*\*

Place	Div/Tot	Race Div	Bib	Name	Rank	Finish	Rank	Swim	Rank	Tbikeru	Rank	Run
1	1/4	LT_M2029	33	Nathan Hay	1	1:55:28	2	17:16	3	54:24	3	43:49
2	1/10	LT_M4049	39	Brooks Grossinger	2	1:56:50	5	20:21	5	55:18	1	41:13
3	2/10	LT_M4049	75	Kris Nisula	3	1:59:22	4	20:20	2	53:13	7	45:50
4	1/10	LT_M3039	28	Matt Agar	4	2:02:35	3	19:48	1	51:41	12	51:08
5	2/10	LT_M3039	25	Ryan Wudtke	5	2:02:50	22	22:51	4	55:07	5	44:53
6	3/10	LT_M3039	19	Erik Zufelt	6	2:04:34	7	20:24	22	1:01:30	2	42:41
7	4/10	LT_M3039	20	Ryan Zufelt	7	2:05:37	6	20:24	15	1:00:45	4	44:30
8	1/9	LT_M5059	87	Karl Edgerton	8	2:09:32	1	17:09	13	1:00:18	16	52:06
9	1/1	LT_M<20	80	Frederick Serratore	9	2:10:02	9	20:40	8	58:24	11	50:59
10	3/10	LT_M4049	52	Jordan White	10	2:11:33	11	21:32	7	58:08	15	51:53
11	5/10	LT_M3039	86	Joe Lonsdale	11	2:11:47	18	22:09	9	58:24	13	51:15
12	4/10	LT_M4049	83	Joe Baldock	12	2:14:44	17	21:52	17	1:00:47	17	52:06
13	1/2	LT_F2029	40	Paige Kobe	13	2:15:45	41	27:04	25	1:02:57	6	45:44
14	2/9	LT_M5059	32	Darrell Hay	14	2:15:52	16	21:50	10	58:45	25	55:18
15	5/10	LT_M4049	74	Raphael Delli Quadri	15	2:16:09	25	23:48	24	1:02:33	9	49:48
16	6/10	LT_M3039	30	Jason Kask	16	2:17:52	14	21:42	18	1:01:02	23	55:09
17	7/10	LT_M3039	89	Ben Urbanski	17	2:18:07	33	25:34	21	1:01:11	14	51:22
18	8/10	LT_M3039	17	Andrew Lehto	18	2:19:46	24	23:06	14	1:00:18	28	56:22
19	3/9	LT_M5059	69	Michael Gluck	19	2:19:51	12	21:36	31	1:05:53	19	52:24
20	2/4	LT_M2029	24	Charlie Maahs	20	2:20:11	34	25:38	27	1:03:50	10	50:43
21	4/9	LT_M5059	79	Rob Coffey	21	2:21:22	15	21:49	19	1:01:03	34	58:31
22	1/7	LT_F3039	62	Mandy McMahan	22	2:21:51	19	22:10	32	1:05:57	20	53:44
23	5/9	LT_M5059	48	Bill Zimbinski	23	2:22:12	27	24:47	11	59:45	31	57:41
24	6/10	LT_M4049	43	Jeremy Lind	24	2:22:43	37	26:10	20	1:01:09	26	55:25
25	2/7	LT_F3039	76	Catherine O'Neill	25	2:24:16	23	23:03	35	1:08:54	18	52:20
26	7/10	LT_M4049	41	Chris Morris	26	2:25:04	38	26:25	26	1:03:27	24	55:13
27	6/9	LT_M5059	72	Craig Harrison	27	2:25:12	20	22:22	16	1:00:46	39	1:02:05
28	7/9	LT_M5059	73	Ronald Ross	28	2:25:48	30	25:04	6	57:58	42	1:02:47
29	3/7	LT_F3039	84	Rena Viehbeck	29	2:26:35	43	27:31	39	1:10:39	8	48:27
30	2/2	LT_F2029	42	Anja Morris	30	2:26:41	40	26:58	23	1:02:30	30	57:14

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Place	Div/Tot	Race Div	Bib	Name	Rank	Finish	Rank	Swim	Rank	Tbikeru	Rank	Run
31	8/10	LT_M4049	70	Fergus Graham	31	2:28:09	13	21:36	40	1:10:43	27	55:51
32	1/2	LT_M6069	18	Scott Coutts	32	2:28:43	36	26:06	29	1:04:47	32	57:51
33	4/7	LT_F3039	65	Anna McDonald	33	2:30:38	29	25:01	30	1:04:51	37	1:00:47
34	1/4	LT_F4049	88	Marianne Stewart	34	2:30:53	42	27:18	37	1:09:13	21	54:23
35	2/2	LT_M6069	68	Ken Larson	35	2:32:11	31	25:04	28	1:04:40	40	1:02:27
36	9/10	LT_M3039	60	Mohammad Noroozi	36	2:33:15	21	22:49	43	1:15:32	22	54:55
37	8/9	LT_M5059	26	Tim Keppers	37	2:36:39	8	20:29	12	1:00:15	50	1:15:56
38	5/7	LT_F3039	64	Kristy Lachance	38	2:39:29	28	24:56	44	1:16:27	33	58:08
39	9/10	LT_M4049	77	Troy Barnard	39	2:39:32	45	29:56	34	1:07:10	41	1:02:28
40	9/9	LT_M5059	29	Claudio Tesolin	40	2:39:56	48	31:51	36	1:08:57	36	59:08
41	10/10	LT_M4049	46	Kevin Beange	41	2:42:39	35	25:47	33	1:07:04	46	1:09:49
42	6/7	LT_F3039	67	Kelly Henry	42	2:42:39	32	25:30	42	1:15:14	38	1:01:56
43	1/1	LT_F<20	44	Mallery Lind	43	2:43:02	39	26:42	46	1:17:50	35	58:31
44	2/4	LT_F4049	63	Thayna Bivins	44	2:45:47	26	24:39	38	1:10:15	47	1:10:54
45	3/4	LT_M2029	58	Tyler Fortin	45	2:47:52	49	37:36	41	1:13:26	29	56:51
46	10/10	LT_M3039	23	Marc Pullis	46	2:55:07	44	28:40	48	1:19:49	43	1:06:39
47	3/4	LT_F4049	31	Kristin Riker-Coleman	47	2:59:00	10	21:28	49	1:22:17	49	1:15:15
48	1/1	LT_F5059	85	Suzanne Christie	48	3:05:57	50	38:26	47	1:19:34	44	1:07:58
49	4/4	LT_F4049	71	Kari White	49	3:06:57	46	31:12	50	1:26:20	45	1:09:26
50	4/4	LT_M2029	54	Cody Atkinson	50	3:08:43	52	40:14	45	1:17:12	48	1:11:18
51	7/7	LT_F3039	51	Val Davies	51	3:28:34	47	31:20	51	1:28:37	51	1:28:38
52	1/1	LT_F6069	90	Nancy Cole	52	4:35:03	51	38:38	52	2:18:34	52	1:37:52

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\*\* DNS \*\* LT\_M3039 16 Josh Gillingham  
 \*\* DNS \*\* LT\_M4049 37 Jason Dewar  
 \*\* DNS \*\* LT\_F4049 38 Sarina Lamarche  
 \*\* DNS \*\* LT\_M4049 45 Alexander Sherlock  
 \*\* DNS \*\* LT\_M5059 47 Michael Wilkins  
 \*\* DNS \*\* LT\_M2029 49 Matthew Van Natta  
 \*\* DNS \*\* LT\_M3039 50 Benjamin Langer  
 \*\* DNS \*\* LT\_M3039 53 Robin Gathercole  
 \*\* DNS \*\* LT\_M2029 55 Jeffrey Isaacson  
 \*\* DNS \*\* LT\_M3039 56 Greg Kinsman  
 \*\* DNS \*\* LT\_F2029 57 Amanda Leaker

\*\* DNS \*\* LT\_M2029 59 CollinMcMillan  
\*\* DNS \*\* LT\_F2029 61 Megan Markes  
\*\* DNS \*\* LT\_F4049 78 Kerrie Berg  
\*\* DNF \*\* LT\_M6069 66 Ab Doyle